

Stretching therapeutic skills for complex clinical cases



GENERAL INFORMATION

TWO-DAY WORKSHOP
Saturday-Sunday
February 25-26, 2012

Ottawa University
10020 N. 25th Ave
Phoenix, AZ 85021

Approved for 13 Clinical CEs
through EMDR Institute

Pending approval for
EMDRIA Credits

Local Sponsor:
Tetreault Advanced Trainings
Co-sponsors:
EMDR Institute, Inc.
EMDRIA

THE MARRIAGE OF EMDR AND EGO STATE THEORY IN COUPLES THERAPY

Presenter: Barry Litt, MFT

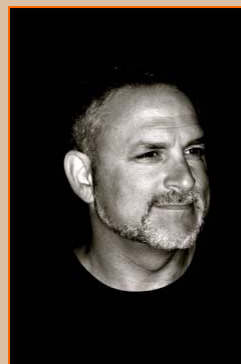
This advanced workshop is at once intellectually stimulating & extremely practical. Noted family therapist Barry Litt will demonstrate how, by augmenting EMDR with the explanatory power & clinical inventiveness of ego state theory, couples therapy can be brought to new levels of effectiveness. Participants will explore family dynamics & learn to recognize ego state conflict as a form of dissociation that can frequently dominate relational patterns even in clients without a trauma history. Such relationships suffer from poor boundaries & mutual dependency characterized by blame & projection.

In Day 1, participants will learn about the relationship between family dynamics and ego structure, reenactments in client couples, and the manifestations of ego state conflict in couples therapy. In Day 2, participants will learn a model for EMDR-based assessment and treatment planning, using contextual family therapy, and learn a progression of techniques to control and focus desensitization within the optimal zone of arousal. This interactive workshop will include practicum, videotape, & didactic material designed to facilitate a deeper understanding of this exciting new integrative model.



THE MARRIAGE OF EMDR AND EGO STATE THEORY IN COUPLES COUNSELING

Barry Litt, MFT



WORKSHOP TIMELINE

8:30-9:00 Registration (Sat)
8:00-8:30 Registration (Sun)

9:00-4:45 Lecture (Sat)
8:30-4:00 Lecture (Sun)

12-1:15 Lunch on own (Sat)
11:45-1:00 Lunch on own (Sun)

WORKSHOP DETAILS

- Completion of EMDRIA-approved Basic training (Pts 1&2 required). If you did not receive your EMDR Training from the EMDR Institute, please fax proof of completion to Tetreault Advanced Trainings with your registration.
- Current research is limited to application of EMDR to trauma-related disorders.
- This workshop is held in facilities in accordance with the Americans with Disabilities Act. Please notify the local sponsor if special accommodations are needed.
- Attendance at the entire 2-day training is required in order to receive CEs. No partial credit will be given.

ABOUT THE PRESENTER:

Barry Litt, MFT maintains a private practice in Concord, New Hampshire, where he specializes in the use of EMDR with couples, family therapy, complex trauma, and dissociation. He has over 25 years experience providing treatment, instruction, and consultation in the mental health field. He studied contextual therapy with its founder, Ivan Boszormenyi-Nagy, and is an AAMFT-Approved Supervisor, an EMDRIA-Approved Consultant, and a member of the International Society for the Study of Trauma and Dissociation.

He has spent the last decade giving workshops on various topics for these organizations to international audiences.

Mr. Litt authored the following chapters in EMDR books:

"The Child as Identified Patient: Integrating Contextual Therapy and EMDR" in Shapiro, F; Kaslow, F; & Maxfield, L. (Eds.) *Handbook of EMDR* (Wiley & Sons, 2007)

"EMDR in couples therapy: an EgoState Approach" in Forgash, C, & Copeley, M. (eds.) *Healing the Heart of Trauma and Dissociation with EMDR and Ego-State Therapy* (Springer, 2007)

"From Relational Problems to Psychological Solutions: EMDR in Couples Therapy" in Luber, M. (Ed.) *Eye Movement Desensitization and Reprocessing (EMDR) Scripted Protocols: Special Populations* (Springer, 2009)



THE MARRIAGE OF EMDR AND EGO STATE THEORY IN COUPLES THERAPY

WORKSHOP OBJECTIVES

CONTINUING EDUCATION (13 CEs)

APA: EMDR Institute, Inc. is approved by the American Psychological Association to offer continuing education for psychologists. EMDR Institute maintains responsibility for this program and its contents.

NBCC: EMDR Institute, Inc is an approved provider through National Board of Certified Counselors: NBCC Provider #5558

RNs: EMDR Institute, Inc. is a provider approved by the CA Board of Registered Nursing, Provider #9755.

EMDRIA: Credits are available to those who have completed an EMDRIA-Approved basic training program. 13 credits have been approved: #10006-02.

BBS: For CA, this workshop meets the qualifications for 13 hrs of CE credit for MFTs & LCSWs. Approval # PCE270.

SW: EMDR Institute, provider #1206, is approved for SW continuing education by the Assoc of SW Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Social workers participating in this course will receive 13 (clinical or social work ethics) CE clock hours.

- EMDR Therapists will be able to:
- Name intergenerational patterns that contribute to ego fragmentation.
 - Identify the zone of optimal EMDR processing for efficient & safe desensitization.
 - List indicators and contra-indicators for conducting conjoint EMDR sessions.
 - List several techniques for maintaining clients within the range of optimal processing.
 - Be able to identify and explain repetition compulsion, or reenactments, in client couples.
 - Be able to identify negative cognitions in preparation for EMDR processing, gleaned through deconstructing re-enactments.
 - Explain a typology of negative cognitions that structures treatment planning.



REGISTRATION

This registration form is provided for your convenience. Please print and fill out. Only fill out page 2 if paying by credit card. Either fax the completed form to 928-776-4694 or mail it to 240 S. Montezuma St. #104 Prescott, AZ 86303 to the Attention of Laurie A. Tetreault, MA.

ACCOMMODATIONS

FOR YOUR CONVENIENCE:

ON-SITE: None

WITHIN WALKING DISTANCE:

Comfort Suites

10210 N. 26th Dr.

Phoenix, AZ 85021

Rate approx \$89/night

Springhill Suites

9425 N. Black Canyon Hwy

Phoenix, AZ 85021

Rate: approx. \$109/night

Main Stay Suites

9455 N. Black Canyon Hwy

Phoenix, AZ 85021

Rate approx \$59/night

SUPER SHUTTLE FOR
AIRPORT TRANSPORT

THE MARRIAGE OF EMDR AND EGO STATE THEORY IN COUPLES THERAPY

Barry Litt, MFT

REGISTRATION

February 25-26, 2012

Name

Degree **& Lic.#**

Address (use CC billing address if using CC)

City, State, ZIP

Phone (day/eve) (required for charge)

E-mail (required for confirmation)

Name of organization that provided full EMDR basic training

Fees:*

\$325 if received by 2/15/2012

\$375 if received thereafter

*for each participant, \$40 of the fee covers CEs from the EMDR Institute.

For VA Registrants: Note that the vendor name is Laurie A. Tetreault, MA, PLLC (vendor code: 260055634)

Limited seating – early registration is advised

Cancellation policy: Registration fees, less a \$50 processing fee, are refundable if requested before February 15, 2012

Mail checks (made out to Laurie Tetreault, MA) to the attention of Laurie Tetreault, to the address provided to the left, above. If paying by credit card, please fax information to the number provided above. Note that the website is not secure.

MasterCard, VISA, Am. Express accepted. Please fill out the credit card authorization form on page 5.

One Time Credit Card Payment Authorization Form

Sign and complete this form to authorize Tetreault Advanced Seminars (TAS) to make a one time debit/charge to your credit card listed below.

By signing this form you give us permission to debit your account for the amount indicated on or after the indicated date. This is permission for a single transaction only, and does not provide authorization for any additional unrelated debits or credits (in the event of a refund should registration be cancelled) to your account.

Please complete the information below (keep a copy for your records):

I _____ authorize TAS to charge my credit card account indicated below for \$ _____ on or after the date noted below. This one time payment is for (Check all that apply):

Seminar Registration: Seminar Date: _____ City: _____

Seminar Registration Amount	Total Amount Charged

Credit Card Billing Address and Contact Information:

Billing Address _____

City, State, Zip _____

Phone# _____

Email _____

Account Type: Visa MasterCard AMEX

Cardholder Name _____

Account Number _____

Expiration Date _____

CVV2 (3 digit number on back of Visa/MC, 4 digits on front of AMEX) _____

SIGNATURE _____

DATE _____

I authorize the above named business to charge the credit card indicated in this authorization form according to the terms outlined above. This payment authorization is for the goods/services described above, for the amount indicated above only, and is valid for one time use only. I certify that I am an authorized user of this credit card and that I will not dispute the payment with my credit card company; so long as the transaction corresponds to the terms indicated in this form.